**Before Care Instructions for Tattoo Removal Treatment**

Laser tattoo removal treatment targets the tattoo material and offers a 95% success rate that there will be no

visible tattoo material remaining.

**For the best tattoo removal results, clients must follow these instructions prior to coming in for laser tattoo removal:**

1. Clean and shave the area with soap and water and do not use any products, creams, or lotions, except sunblock on the area prior to treatment.
2. Protect the area from sun exposure on the day of treatment. Use SPF50 sunscreen, bandage the area being treated and/or thoroughly cover the area. A long-sleeved t-shirt is sufficient cover. Tanned skin and skin exposed to direct sunlight will interfere with the laser beam penetrating the tattoo pigment and could burn the skin.
3. Medication verification: make sure you are not taking any photosensitive medications. A list of common photosensitive medications is found on our website and on the next page. If you are unsure about a medication you are taking, ask your doctor or a pharmacist whether it is photosensitive.
4. Following the post-treatment instructions is very important to get the best results, please read them carefully after treatment.
5. Stay Hydrated. Consume the recommended daily water intake to keep you body and skin hydrated before and after treatment.

**A single course of treatment involves three treatment sessions. Depending on the ink material, sometimes a second course of treatment is required for optimal results.**

**Possible side effects are:**

1. Loss of normal skin color over the tattoo site, especially of the more colorful tattoos.
2. Some residual tattoo material remaining even after treatments.
3. Mild texture change or very rarely scarring in the tattoo site.
4. Darkening in the area or surrounding tissue.

A free 15-minute consultation with an OTM Skin professional will be provided and required prior to any appointment. At this time, we will create a patient profile and individualized treatment plan to meet your tattoo removal needs. Please contact OTM Skin with any questions or concerns.

**Common Photosensitizing Medications**

* Antibiotics (ciprofloxacin, doxycycline, levofloxacin, ofloxacin, tetracycline, trimethoprim)
* Antifungals (flucytosine, griseofulvin, voricanozole)
* Antihistamines (cetirizine, diphenhydramine, loratadine, promethazine, cyproheptadine)
* Cholesterol lowering drugs (simvastatin, atorvastatin, lovastatin, pravastatin)
* Diuretics (thiazide diuretics: hydrochlorothiazide, chlorthalidone, chlorothiazide.; other diuretics: furosemide and triamterene)
* Non-steroidal anti-inflammatory drugs (ibuprofen, naproxen, celecoxib, piroxicam, ketoprofen)
* Oral contraceptives and estrogens
* Phenothiazines (tranquilizers, anti-emetics: examples, chlorpromazine, fluphenazine, promethazine, thioridazine, prochloroperazine)
* Psoralens (methoxsalen, trioxsalen)
* Retinoids (acitretin, isotretinoin)
* Sulfonamides (acetazolamide, sulfadiazine, sulfamethizole, sulfamethoxazole, sulfapyridine, sulfasalazine, sulfasoxazole)
* Sulfonylureas for type 2 diabetes (glipizide, glyburide)
* Alpha-hydroxy acids in cosmetics

<https://www.fda.gov/drugs/special-features/sun-and-your-medicine>