After treatment, your treated area may feel like a superficial burn. Some patients experience immediate whitening of the area, plus bruising, swelling, blistering, and scabbing. Follow the instructions below to handle these side effects and achieve excellent saline solution tattoo removal results. If the treated area looks infected (honey colored crusting, oozing, spreading redness) or you have an extreme reaction, immediately contact medical professionals for help.

# <u>Immediately After treatment:</u>

- Keep the treated area bandaged and/or protected with a thin layer of antibiotic, healing products or ointment
- Exercise is generally safe after treatment if all other aftercare instructions have been followed.
- Wear a sunblock of SPF 25 or higher over the area
- Avoid wearing makeup or creams on the treated area

# Two (2) Hours after treatment

- Blistering and bruising can occur after saline solution tattoo removal treatment. If your skin blisters and bruises, protect the area and apply a burn ointment for at least 24 hours after the blisters have popped.
- Feel free to shower 2 hours after treatment but avoid high water pressure hitting the treated area. Also, do not soak the treated area until all scabs, blisters open skin have completely healed that means no baths, hot tubs, steaming, or swimming to prevent the chance of infection.

## Twenty-four (24) hours after treatment

- Scabbing can occur after saline solution tattoo removal treatment, do not pick any scabs that form and keep area hydrated. These steps are very important to prevent scarring. Avoid any activity (such as shaving, harsh exfoliants, and scratching) in the treated area that may cause scabs to remove.
- You may apply cool compresses as necessary 24 hours after treatment to help reduce discomfort and inflammation. You may take regular Tylenol but avoid aspirin (as it can increase the risk of bruising or bleeding).
- Itchiness is very common due to the dehydrating effect of the saline solution. Use Aquaphor, Vitamin E ointment, or hydrocortisone cream to moisturize the area as it heals.

## Two (2) Days after treatment

- You may begin wearing makeup or creams near the treated area if you choose.

### Three (3) Days after treatment

- Keep the treated area clean, dry and hydrated during the healing process.
- If necessary to cover the area, clean the area gently with mild soap and water and pat dry.
- Wear a sunblock of SPF 25 or higher over the area for 3 months following treatment

#### Three (28) Days after treatment

- You should be completely healed
- You may stop wearing extra sunblock, although the American Academy of Dermatology recommends wearing sunblock every day that you will be outside.

Healing is usually complete in about 2 to 8 weeks, depending on the patient's before, aftercare, immune system, and level of treatment. Scarring, which can be hypertrophic (a raised scar) or even keloid (a nodule), can occur but is very rare. Loss of skin pigment (or excess gain of skin pigment) in the treated area may occur but is temporary in almost all cases.